

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Gcinisile Thusi Mpungose

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

**TIME** 01:22:17

**PACE** 08:12/km

**OVERALL** 212 of 287

**GENDER** 84 of 130

**SENIOR (20-** 41 of 63

39)

04 December 2016, Sun

Date

BoutTime

Signature